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Newsletter Study and Teaching, Issue 8/2025

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Link to English version: https://www.qsl.uni-wuppertal.de/fileadmin/qsl/7_Newsletter/Newsletter_2025/Newsletter_PSL_QIV-2025-8_en.pdf

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- 1. Welcome to new students / Welcome Week**

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We warmly welcome all new students for the winter semester 2025/26!

Please visit the following website for information about starting your studies:

<https://www.zsb.uni-wuppertal.de/de/studienstart/> (in German available only)

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- 2. For students: Microsoft Office 365**

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At the beginning of the winter semester 2025/26, the University of Wuppertal is providing its students with licences for Microsoft Office 365, including 3 GB of cloud storage space in OneDrive available via the Centre for Media Processing (ZIM).

The licences currently cover the Office apps Word, Excel, PowerPoint, Access, OneNote, and Outlook.

<https://zim.uni-wuppertal.de/de/unsere-dienste/microsoft365/> (in German available only)

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3. New digital services for students

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Uploading medical certificates:

Medical certificates for deregistering from limited repeatable examinations have to be submitted digitally. The administration of the Central Examinations Office (ZPA) will then initiate all further steps.

For detailed information, please visit <https://www.zpa.uni-wuppertal.de/de/weitere-services/einreichen-von-unterlagen/> (in German available only) and click on “Einreichen eines ärztlichen Attestes” (“Submission of a medical certificate”) or visit the webpage of your individual degree course at the website of the Central Examinations Office (ZPA) and click on on the menu item “Attest/Verhalten im Krankheitsfall” (“Medical certificate / What to do in the case of illness”).

Uploading a thesis:

Since 1 October, the School of Mechanical Engineering and Safety Engineering has tested digital thesis uploads for single-subject degree programmes. The assessment of digitally submitted theses is carried out without media disruption. Examiners receive a document link sent by the administration of the Central Examinations Office (ZPA).

For more information, e.g., on the Bachelor of Science degree course Mechanical Engineering, please visit <https://www.zpa.uni-wuppertal.de/de/studiengaenge/bachelor-of-science/bsc-maschinenbau-po-2024/> and click on the menu item “Rund um die Thesis” (all about the thesis) in the grey drop-down-menu (in German available only).

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4. Doubt as a tool for success – Panel discussion on the topic “The circuit route to university”

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On 6 November 2025, from 2 to 4 p.m., course advisor Jennifer Abels and advisors from the Employment Agency, the Bergische IHK (Chamber of Industry and Commerce in Wuppertal, Solingen and Remscheid), and the Düsseldorf Chamber of Crafts will take part in a panel discussion to answer urgent questions from students on the topics of doubts about their studies, reorientation, and new finding directions. Two students will moderate the event. They will ask the questions they would have liked to ask during their own period of doubt.

The event takes place via ZOOM and live on stage at the Student Union (AStA) (level ME04).

For more information on the event and login data, please visit <https://www.bergauf.uni-wuppertal.de/de/thementage-studienzweifel/> (in German available only).

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5. Newsletter on teacher training at the University of Wuppertal

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The newsletter presents current topics from the various areas of work and research involved in teacher training in the special disciplines, teaching methodology and educational studies at the University of Wuppertal every semester.

Topic of the fourth issue: "Artificial intelligence in teacher training"

<https://soe.uni-wuppertal.de/de/gsa/newsletter/> (in German available only)

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6. Psychological counselling for students

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During individual caching sessions with psychologists, students are offered support in developing strategies for coping with difficult study and life situations. Problems that can occur in all stages of your studies are, for example

- Difficulties in learning and working
- Procrastination
- Examination anxiety and fear of speaking
- Orientation and decision difficulties
- Stress, overload, depressive mood
- Conflicts with family members / friends
- Other situations of crisis or conflicts

All counselling sessions at the Central Student Advisory Service are absolutely anonymous and confidential!

For contact information and making an appointment, please visit: <https://www.zsb.uni-wuppertal.de/de/kontakt/psychologische-beratung-1/> (in German available only)

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7. Prevention: Workshops on how to master your studies better ("Zum besseren Studieren")

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In the winter semester 2025/26 students can visit the following workshops (small groups): Learning efficiently during your studies, overcoming exam anxiety, combating procrastination, optimising your time management and increasing motivation.

For more information and registration, please visit: <https://www.zsb.uni-wuppertal.de/de/workshops/zum-besseren-studieren/> (in German available only)

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8. ZIM Learning Room & Digital Tools for Studying

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At the beginning of November, the Centre for Media Processing (ZIM) will give students an insight into the ZIM Learning Space, the user support and the most important digital tools that can be used effectively in everyday student life. It's not necessary to register!

Dates: <https://zim.uni-wuppertal.de/de/e-learning/veranstaltungen/kurzfuhrung-durchs-zim/> (in German available only)

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9. The University's Sustainability prize – Submit your applications until 10 November!

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The University's Sustainability prize will be awarded for the second time! We are looking for solutions to the major challenges of our time! The competition is open to all members of the University of Wuppertal.

Individuals, groups, and organisational units that promote sustainability with outstanding projects in the fields of research, teaching, and organisation are eligible to apply.

<https://www.uni-wuppertal.de/de/universitaet/nachhaltigkeit/nachhaltigkeitspreis-der-buw/> (in German available only)

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10. Lecture series on "Climate Crisis & Sustainability"

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The ninth lecture series on climate crisis and sustainability takes place at the University of Wuppertal and is jointly organised by the University, the Student Union (AStA), the Center for Transformation Research and Sustainability (transzent), the Students for Future Wuppertal and the Wuppertal Institut. Students enrolled in the Two-subject Bachelor's degree programme (teaching degree) can be credited the lecture series belonging to the "Transformation and Sustainability" module as part of the compulsory elective courses (Optionalbereich).

Dates and more information:

<https://transzent.uni-wuppertal.de/de/lehre/ringvorlesung-klimakrise-nachhaltigkeit/> (in German available only)

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This Newsletter is permanently available: <https://www.qsl.uni-wuppertal.de/de/aktuelles/newsletter-des-prorektors/>

You can find more information on our social media sites:

www.facebook.com/uni.wuppertal

www.instagram.com/uni.wuppertal

https://www.youtube.com/channel/UC7J_SsRaAa4R280iM5-pcQA

www.linkedin.com/school/buw

https://wisskomm.social/@uni_wuppertal

Prof. Dr. Susanne Buch

Vice-Rector for Teaching and Studies

University of Wuppertal

Tel. +49 202 439 2217